



The Wick

The Newsletter of
Beta Sigma Phi
Houston City Council
June 2007



“Sing a Song of Sisterhood”

Pi Sigma

- ★ We had our Secret Sister Revealing social at the end of May and it was extra special. In addition to our fabulous gifts, we were to bring with us a stuffed animal that would best describe our Secret Sister. This was a fun activity, and was also a gift for a young child. All of the stuffed animals are going to be donated to the Police for their “Hug-a-Bear” campaign. This donation effort is sponsored by KSBJ radio station in February, but they accept donations year around. When a child is found in a situation (car accident, domestic violence, etc.) the police officers keep stuffed animals in their patrol cars to help comfort and calm the children. So, we are glad we were able to donate to a wonderful cause.
- ★ Don’t drink the water in our chapter (okay, you can if you want to), but it is raining babies amongst our girls. We had another announcement that one of our newest members, Kristy Boling, is pregnant with her first child. She and her husband will be expecting the arrival of there sweet little one in December!
- ★ Ready...set...go on vacation. Melissa Schultz spent a week in Alaska visiting her sister and family.
- ★ Michelle Hansen and her husband, Hans, spent a week in Alberta for their early anniversary/babymoon trip before the arrival of their first child. They split their time visiting Banff NP, Jasper NP, Kootenay NP, Yoho NMP and Lake Louise.
- ★ We would like to introduce the newest members to our chapter, T. C. Bauer. She is a legacy and her mom is a current member of Beta Sigma Phi. Karen Bell introduced her to our group and she was an instant fit!
- ★ Sarah Coleman and Gayle Cleary took a trip, well when you live on the North side (Spring/Woodlands); Galveston is a “road trip.” They went for the AIA Sandcastle Competition and to support their sister Michelle Hansen who had a team participating in the competition. They got to see some incredible sand sculptures and have a little fun in the sun.



Michelle Hansen and her husband,
Hans in Alberta



Sarah Coleman and Gayla Cleary at
Sandcastle competition in Galveston



Display of incredible sand sculptures.

Preceptor Beta

- ★ All of us got together and made New Mexico style tamales for our June program. Geri Riley and her husband had attended an Elderhostel Program in Santa Fe, which included 3 days at cooking schools. The trip was wonderful and we learned to make tamales. We did it all from making the masa, port filling, and steaming for our late night snack at the end of our meeting. All had a great time doing this and eating wasn't bad either.
- ★ O June 7th Marilyn Tibbets flew to Oklahoma to visit her best friend, Beverly Nall, who lives in Duncan, Oklahoma. She spent the night in Oklahoma City and the next day she met two of her former sorority sisters of Preceptor Beta Sigma (Oklahoma City) for lunch at the Cheesecake Factory. Marilyn was in the same chapter as these girls from 1981 through 1986.
- ★ Rune Gusevik, son of Julie Gusevik, was promoted to Drill Sergeant in the Marine Corps on June 18, 2007. He will be stationed in San Diego for the next 3 years and has been a Marine for 8 years in August. Julie (and all of us, too) are really proud of him!! Thanks to the people in the Armed Services like Rune, we are able to live in a free country. GOD BLESS THE USA!!



Geri Riley cooking tamales



Janice Fleckenstine making tamales.



Yummy, yummy, yummy...what a great program Geri gave on making tamales.



Left to right: Janice Fleckenstine, Norma Gunderson, Vickie Foster, Sheryl Catalina, Geri Riley and Julie Gusevik.



Vickie Foster learning to make tamales



Left to right: Joana Wills-Bernard, Marilyn Tibbett's, and Marty Tharp.

Preceptor Beta

- ★ Kathy Ingram, her daughter, son-in-law, twin grandsons, and granddaughter are traveling to London this summer for the 100-year celebration/jamboree of Boy Scouts. What a fun trip for the family to share.
- ★ Theresa Butler Bates began a new round of an experimental chemo treatment the last of May. Keep her in your prayers. Theresa, a talented gardener, has always had a vegetable garden and enjoyed puttering in the yard. Her husband, Bob, has built her a beautiful green house so she can continue to play Farmer Theresa.
- ★ JoAnn Sparks seems to have settled in nicely at a lovely Alzheimer facility in Katy. If you would like to send her cards, send them in care of her husband, Bill Sparks @21623 Live Oak Spring Drive, Katy, TX 77450.
- ★ Bobbie Doty has remained a member of our chapter, but we miss her since her move to Brenham. However, once she gets unpacked, she says she'll be back.
- ★ Charlcie and her son, Steve, are looking forward to a great vacation trip to Disney World.
- ★ Connie Weimert, a new Preceptor Beta member, had a medical scare and ended up in the hospital for nearly a week. She was previously undiagnosed diabetic and went into diabetic shock. We're happy to report she is doing well now.

Preceptor Alpha Theta

- ★ Our June meeting was at Theresa Schambach's home on June 11th. We enjoyed a nice meal and social time before the meeting started at 7:30. After the meeting, a program was presented by Brandy Green. Brandy had taken facts from the Book of Beta Sigma Phi, the Beta Sigma Phi website and our own chapter yearbook and written them on slips of paper. She then proceeded to read the questions aloud and the first person who had the correct answer received the piece of paper. After all the questions were read, the person who had the most slips won the prize from Brandy. Congrats to Margaret Heimberg, who was the winner.
- ★ Our social for June was a celebration for our Woman of the Year – Jeannie Raymond. Jeannie had chosen the location and so we all went to P. F. Chang's for dinner on June 23rd. We had nine members and five husbands attended. While waiting for the main course, we presented Jeannie with her Woman of the Year gifts, a crystal picture frame, and a crystal pitcher. We enjoyed an evening with good friends, as well as good food.
- ★ For our service project, we donated to the Ronald McDonald House in the Neo-Natal branch at Memorial Hermann, in memory of Gabby Hernandez, Sue Worden's granddaughter, who was treated there. They can always use monetary or item donations, if your chapter is interested please contact us and we will be happy to provide you with the information.

- ★ Some of us have been traveling all over the place in June and the first part of July. Karen and Bill Luyties just got back from a trip to North Carolina and Karen will now be taking off with a mother/daughter group for the lights of Las Vegas.
- ★ Jeannie and John Raymond, plus grandkids, will be taking a trip to Maine for several weeks and visiting family and friends. They are looking forward to the cool weather Maine can provide. They may also take a run up to Canada and visit some family there as well.
- ★ Sue and Leonard Worden are taking off to Michigan. They are headed to Kalamazoo with some friends to visit more family and friends and enjoy the sites around that area of Michigan.
- ★ Jamie and Jerry Novosad took a simple vacation this month. They used a condo rental in the area that they are planning to build on to enjoy the quiet and fishing time at Lake Conroe.
- ★ We would like to say Congrats to the following sisters on their June or July wedding anniversaries or special days: Pam Hardin, Cerise and Donny Eaves, Theresa and Harold Schambach, Sara and Ronny Gossney.
- ★ We would like to say Happy Birthday to our ladies with June or July birthdays: Debbie Schultz, Theresa Schambach, Jamie Novosad, Judy Smalling and Jeannie Raymond.
- ★ Also, a quick get well to Margaret Heimberg who is still recovering from the broken arm and nose that she has. Hope all is back to normal soon.

Preceptor Eta Chi

- ★ Our June meeting was held at the home of Patti Kallus. Patti presented her program on Whoopi Goldberg-star of Sister Act-actress and comedian. Background information was given on Whoopi as well as her accomplishments and famous films – for example; Ghost and The Color Purple.
- ★ In keeping with Patti’s program, Sister Act, we were invited to attend an evening of “Sister Act” complete with movie, snacks and drinks.
- ★ Our condolences to Ron, Kristi, and Corey on the passing of mother and grandmother, Elsie Hopkins. Elsie was a very fine lady who we were privileged to know through Kristi. She was a “young” 86 and once a guest speaker at one of our meetings with her presentation on “love boxes” that she made and distributed. She will leave us all with fond memories.

Laureate Rho

- ★ The June 12th meeting was held in the home of Paula Howard, where we ate a very healthy conscious meal. Barbara Veres presented her program on the recent cruise, family and friends took with her and her husband Andy celebrating their fortieth anniversary. They had invited guests from their original wedding to help celebrate with them the rededication of their marriage.
- ★ Barbara had written the vows and her family members all took part in reading of them. One of her relatives made a DVD of all the activities leading up to the event and the activities during the ceremony.
- ★ Barbara played this for us and we all enjoyed sharing this special time with her. We agreed this was one of our best programs so far this year.
- ★ Our June social was the choice of our sweetheart, Kathleen Coleman. She pickled the movie Ocean’s 12 to attend at the Movie Tavern on June 9th. There was a good number in the group’s attendance including two guests. We welcomed Rhonda Jones and a possible new member to eat a delicious meal and watch the movie with us.

- ★ Our Service Chairman, Kathy, reminded us to start bringing new socks and underwear for the children who live at Casa Juan Diego. These will be delivered in time for the new school year.
- ★ Mary Jane Hue spent 4 days in Thibodaux, Louisiana for Fathers Day. While there her father, sisters, and her went to the Casino's. Wasn't much wining among the group, but all enjoyed being together. Mary Jane brought home some delicious homegrown vegetables, so she feels like she had some rewards.
- ★ Kathy O'Brien works at MD Anderson and she recently traveled to San Antonio with a group of young Cancer Patients. This is an annual trip for the children. The activities included meals at the Hard Rock Café, and the Gunther House. After the Hard Rock Café, we spent the IMAX to see Alamo, The Price of Freedom and from there we went to the Alamo. For dinner went to the La Margarita (no alcohol allowed). Our second day started out with breakfast at the hotel, then we spent the day at Sea World-dinner was a Dinner Riverboard Cruise. It was a full day was spent at Sea World with 25 children and 15 chaperones at the hotel. Day three started out at the Guenther House Mill and Bakery for breakfast. Then we headed to The Institute of Texan Cultures and then we had lunch at the Rain Forest Café before heading to the airport to come home. The Hyatt Hotel provided a swim party with ice cream and all the fixings on Wednesday and Thursday nights. We had a great time, but it was a very exhausting trip...it was a trip full of fun and good memories.
- ★ Get well wishes go out to our friend and relative of Juanita Morris, Betty Buell. While she was hospitalized, Kathleen Coleman and Mary Jane went to visit her. Please keep her in your prayers. Our own member Paula Middleton had a recent scare with an inflammation on her foot; amputation of a toe had been discussed. Paula went to a specialist who in his opinion discussed a lesser course of action and remedy; this was a close call for Paula.

Laureate Eta Nu

- ★ Krista Grimes gave a great program on Oveta Culp Hobby...she was responsible for forming the WAC during WWII...Krista really got into the character by wearing her kaki uniform with tie and hat!! She made a GREAT WAC!
- ★ Jackie Ferrara is so proud of her great-great niece, who is now entering horse shows...riding English style with the jumps, etc! In addition, she's only 10 years old.
- ★ Lenore Pinder enjoyed a visit with her family in San Diego. She especially enjoyed being with her four year old grandson...who, after visiting a museum, remembered how to explain to her how earthquakes are formed! Those California kids learn early about earthquakes.
- ★ Clair Wind and Harold attended two family reunions back to back and in between, a funeral. They also welcomed a visit from their daughter who lives in Idaho Falls.
- ★ Kathy & Rodney visited Las Vegas...but for more than gambling...their daughter, Brooke, was married on June 30th there and everyone enjoyed the honeymoon???
- ★ Phoebe and Earl took a road trip to Baton Rouge and Lafayette visiting kids!!
- ★ Carolyn Harris had no time for rest after she returned from her trip with Virginia Lee to Washington, D.C. they spent time with Sally Banner, as well as touring. A highlight in D.C. was taking a tour on Segways...the two-wheel contraption that you stand on and ride! We earned our Segway licenses...ask Virginia about the close call with a pedestrian...when they say her coming, it is like the parting of the sea!! Girls gone Wild!!
- ★ Virginia had a trip to Washington, D.C and she took her BF to join sister Sally Braddy Banner for a little R & R. What would normally be an hour tour down Pennsylvania Avenue all the way to the Capitol, too about five minutes to conquer the Segways and off they blew! What a way to travel...it was a blast! Interesting side story: Sally works for the State Department and has been to Zimbabwe, Eretria, Somalia, Kuala Lumpur, and Afghanistan

and on July 6, she embarks on a short assignment in Ghana. Sally always volunteers for the third world assignments and has a love for Africa. Ahhh, not a wonder, it was in Zimbabwe that she met her husband, Major Jerry Banner and they had a military wedding at the Embassy in Zimbabwe. We all that those wonderful stories to tell about our sisterhood. This has been one of them.

- ★ The day after the D.C. trip, Carolyn helped host a family reunion in Willis, Texas...a good turnout of about 90 people...and they were all kin!!
- ★ The next day Carolyn hosted a small wedding reception for her brother and his new wife (James and Virginia Stewart). It was a bon voyage party as well, as they will live in Michigan until Virginia retires, in about a year.
- ★ Krista Grimes, Jackie Ferrara and Estelle Simcek enjoyed looking at the frogs at the Museum of Science...they had a guide that was overly helpful, but got thru it anyway!
- ★ July 4th is a special day...Robin Thompson who sings with the Houston Lutheran Choir is performing at Trinity Lutheran Church at 6y:00pm with a special patriotic theme. All are invited to attend!
- ★ Kathy and Rodney Sterling are very happily getting settled into their new home and it is ONE story. Those two story days are fast coming to an end for a bunch of us!!
- ★ Our sincerest sympathies go to the family of Robin Thompson who lost her mother recently. She says she is overwhelmed with the kind responses she received in cards and notes and is very thankful for her sisters.
- ★ Pat Thompson is also in our prayers, as she lost her brother to cancer recently. She is also caring for her ailing mother who is in a nursing home in Oklahoma.



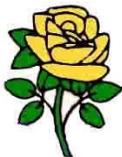
Virginia, Sally and Caroalyn about to take Washington D.C. by storm

Delta Lambda Master

- ★ Emily Kelton and husband Bruce left their house at 7:00am Saturday to watch her great niece, Warner Malagarie, swim in district swim competition. It was really fun to watch but in their little swimming caps and matching swimsuits, they are some times hard to spot.
- ★ For June we held a game and snacks night at the Fisher House. Everyone seemed to have a good time. One lady told us it definitely helped to keep her mid occupied as her husband was having surgery the next morning! She and her husband played Skip-Bo and guess who won, the lady whose husband was having surgery!!!
- ★ Emily Kelton will be traveling to their beach house in Bolivar for their annual 4th of July week. If the weather continues as it is, it will be like last year,-rain every day but they still will manage to have a good time. There will be a lot of talking, as some cousins they have not seen in several years will be coming for a few days.

- ★ Dolores Fritz went to Las Vegas with her company for a Programmers meeting. My boss and I left on Wednesday to make sure everything was set up with the hotel, then guess what happened...slot machines here we come!!! The meetings were over with early Friday but my boss wanted to stay one more night...that did not bother me one bit. The next day we were suppose to be at the airport by nine so I stayed up until 3:00am and got up at 6:30, the trip home was long and difficult...and then the flight was delayed one hour because of weather. I took \$150 to play with and came home with \$150 and pushed many buttons and had lots of hours of fun. And as always, what happened in Vegas stayed in Vegas!!!
- ★ Dolores had her first day outing with her grandkids. We went to the movies to see Ratatouille. Afterwards we went shopping for a belated Father's Day present. It was really fun to have a fun day out with the grandkids. Now Hannah wants to know if we can go see Nancy Drew...which we will when they get back from visiting the other grandmother and grandfather.
- ★ Several of us went to the movies to see Mr. Brooks and dinner at Robins Nest as our June social. Everyone really enjoyed the movie and thought it was very interesting and quite different to Kevin Costner.
- ★ Norma Schultz is recovering from foot surgery. She will be very happy when she is able to put all of her weight on her foot and wear shoes again.
- ★ On Father's Day Dolores Fritz and her nephew Jorge Garza was baptized at the Second Church were baptized. What a beautiful experience and it was more exciting since her nephew did it with her. When a member is baptized members of the family and friends are suppose to stand in their honor and I was proud to say that there were 13 family and friends there to stand for me boss, plus a few members and me from the church choir. After the service, we all went to Las Alamedas for lunch despite the monsoon that hit while we were there. I decided to do this on Father's Day in honor of my deceased father, my mom, my son, and my brother.
- ★ We all send our condolences to a former member Donna Bridgeman on the loss of her father.
- ★ We also send our condolences to Vickie Scheel who lost her 41 years old nephew to cancer.

Message from your President!



Sisters,

I am told that this is a monthly message I have the privilege to speak to each of you through. I am thrilled to have such a captured audience.

This is July already and I am excited about the month having at least three activities to go to and the fellowship opportunities. There is the summer social on July 28th, the Shrimp Boil July 14th for the Rose, and the State Convention in Midland July 20th – 22nd.

I know each of the chapters are busy getting their yearbooks together and I for one can hardly wait till next years judging to be able to see all the different ideas each chapter has used. Watch me closely tho as some of my friends will not go to a craft show with me...I like to see how things are made and have a tendency to “explore the project”!)

Well, I was told to keep this short so I just want to wish each of you a wonderful summer and hope to see your bright shinning faces at some of the July activities.

Ellen

“Information Corner”

If you have children below the age of five at home you need to make sure your medicine cabinet is up to date and that medical emergency information is easily at hand. Here is a list of things to keep on hand:

1. Syrup of ipecac, which induces vomiting in case of poisoning.
2. Pain reliever-liquid for young children, tablets for older kids.
3. A zinc oxide-based product for diaper rash and a general skin moisturizer.
4. Electrolyte solution to restore fluids if your child has diarrhea or has been vomiting.
5. Suction bulb to suction baby's "stopped-up" nose.
6. Post the phone numbers of your local poison control center, pediatrician, hospital emergency room, or pediatric emergency room nearest you. Check cabinets under the bathroom sink and every other sink in the house to make sure cleaners and poisons are out of children's reach

Caught sleeping at work, try these creative excuses should you get caught ZZZZZ on the job.

1. They told me at the blood bank this might happen.
2. Whew! I must have left the top off the liquid paper.
3. This is in exchange for the six hours last night when I dreamed about work.
4. Darn! Why did you interrupt me? I had almost figured out a solution to our biggest problem.
5. The coffee machine is broken.
6. Someone must've put decaf in the wrong pot.
7. Boy, that cold medicine I took last night just won't wear off!

Keep your tires inflated to save gas. Under-inflated tires waste four million gallons of gas daily in the United States. Check your tires once a month of use your own pressure gauge because air meters at gas stations can be inaccurate. You should have each tire inflated to the pressure recommended in the owner's manual.

The next time you need an ice pack, try using a bag of frozen peas. Wrap the bag in a soft, thick towel or pillowcase. The individual peas move around to help the bag conform to the shape of your body, and when they start to melt, you can pop the bag back in the freezer. But keep your "ice pack" peas separate from your "what's for dinner" peas! The thawing and refreezing won't affect the taste, but it could alter the texture.

Funny Headlines

1. Typhoon Rips Through Cemetery – Hundreds Dead
2. Juvenile Court to Try Shooting Defendant.
3. Drunks Get Nine Years in Violin Case.
4. Include Your Children When Baking Cookies.
5. Police Begin Campaign to Run Down Jaywalkers.
6. Cold Wave Linked to Temperatures.
7. Red Tape Holds Up New Bridge.
8. Psychics Predict World Didn't End Yesterday
9. Sun or Rain Expected, Dark Tonight.
10. Kicking Baby, Considered to be Healthy.

Send me your questions, suggestions, ideas, etc. and we will pass them along.



Happy Birthday Corner August

Leslie Smith	Beta Beta Tau	08/25
Laura Evans	Beta Theta Delta	08/14
Kathy Abbott	Beta Theta Delta	08/12
Sheryl Tyler	Laureate Rho	08/29
Sharon Ryen	Preceptor Alpha Chi	08/20
Lauren Nguyen	Preceptor Eta Chi	08/14
Trudi Spring Allison	Preceptor Eta Chi	08/21
Sara Gosney	Preceptor Lambda Zeta	08/06
Sherrie Swanberg	Preceptor Lambda Zeta	08/07
Linda Baumgartner	Preceptor Xi Pi	08/22
Sylvia Quillen	Preceptor Xi Theta	08/17
Deborah Donald	Preceptor Xi Theta	08/16
Sue Osborne	Laureate Rho	08/23
Johnnie Horn	Laureate Rho	08/25
Kathy Sterling	Laureate Eta Nu	08/12
Malisa Janes	Laureate Eta Nu	08/02
Estelle Simcek	Laureate Eta Nu	08/20
Janet Gianfrancesco	Laureate Theta Pi	08/07
Pat Hardin	Laureate Theta Phi	08/08
Debbie Cain	Laureate Theta Phi	08/01
Margaret Wilburn	Laureate Theta Phi	08/09
Lurline Diener	Delta Master	08/14
Pat Pagel	Gamma Theta Master	08/03

WICK CONTEST

This month's question!
No Contest this month!

WICK News: Please submit your news by the last Monday of the month. If not received by midnight that Monday, the news will not appear in the Wick! **PLEASE USE THE FORMAT I HAVE GIVEN YOU, IT IS EASIER TO FOLLOW.** Feel free to send pictures with names of people in picture and what the event was. Send news to only1dodo@yahoo.com or you can fax it to 713-965-2560 or 713-263-1773. Thanks,

Dolores Fritz
Wick Chair